



Energetic Risk Report – Sunday, 27 July, 2025

Shift to Harmony | Field Integrity Analysis

Introduction – About This Report

The Shift to Harmony Energetic Risk Report is a resource designed to assist those navigating heightened solar and planetary field disruptions with clarity, discernment, and precision.

Informed by the multidimensional frameworks of [Randi Green](#), this report focuses on exposure risks that are not always reflected in standard solar metrics. Instead, it emphasises deeper disruptions: void breach activity, phantom data streams, and scalar field distortion impacting both Earth's energetic environment and human systems.

As solar conditions intensify – with coronal holes acting as entry points for degraded light and entropic signal interference – it is vital to understand these patterns as more than physical solar events. These are energetic phenomena that influence biofield stability, emotional states, and temporal coherence.

This report is intended for those feeling the pressure of these shifts – individuals who are tracking energetic shifts not only in data, but in the body, emotions, and subtle awareness. Its purpose is to provide grounded

Current Metrics (As of 27 July, 2025):

Solar Wind: High, 540–690 km/s, easing midweek

Coronal Hole: Central, large, Earth-facing (rotating west)

Geomagnetic Field: Kp 4–5, fluctuating; minor storm watch

Void Stream: Active breach, degraded light quality

Outlook: Stream weakening expected Aug 1–2 unless new hole emerges

orientation, energetic safety reminders, and support for maintaining inner field coherence amid external instability.

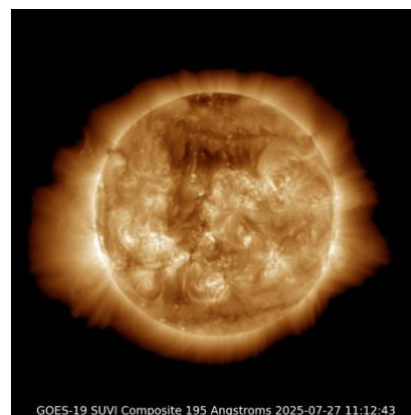
In a destabilised environment, coherence becomes your compass. Precision, calm, and internal tracking are essential.

Summary of Current Solar Conditions

The central mid-latitude hole is exceptionally large – estimated at roughly one-quarter of the Sun’s circumference, spanning around 60 Earths in width.

Such expansive void zones are potent drivers of sustained high-speed wind streams and carry higher energetic resonance, amplifying field exposure risks.

The southern/trans-equatorial hole is moderate in size, now rotating out of direct alignment. Its high-speed stream influence is waning, though residual turbulence and magnetic structure effects may persist. Polar holes, while broad, generally emit smoother field energy and offer less disruptive resonance unless they expand into mid-latitudes.



Element Status & Interpretation (July 28 – August 3, 2025)

Element	Status	Interpretation
Coronal Hole Mid-latitude hole (#1306)	Central meridian Huge (~¼ of Sun’s circumference) ≈ 60 Earths wide	Newly central-aligned, Earth-facing Primary driver of high-speed solar wind, elevated stream interaction expected.
Persistent hole (#1304)	Lower solar latitude (southern/trans-equatorial) Medium (~20–30 Earth widths), receding	Residual influence from prior days, stream weakening. Lesser current impact but slow wind residue remains
Polar coronal holes	North & South poles Moderate to large but typical polar size	Stable and long-lived. Provides baseline solar wind; steady but low distortion potential
Solar Wind Stream	Elevated, gradually declining	The current large coronal hole is expected to rotate off the Earth-facing disk mid-week. Solar wind may remain elevated through Aug 1 but begin to taper by Aug 2–3. Expect decreasing but still disruptive flow early in the week.
Geomagnetic Field	Volatile early, stabilising late	Residual G1–G2 storm potential through midweek (Kp 4–6), followed by potential

		quieting. Early-week instability may exacerbate mimic resonance and sleep issues. Later-week field may recalibrate if no new coronal hole emerges.
Biofield Impact	Continued strain with recovery signs	Cognitive looping and disorientation may persist early in the week. By Thursday–Friday, biofields may begin to stabilise, offering clearer energetic pathways for those actively recalibrating.
Light Quality	Still distorted, easing slightly	Incoming photonic data is still influenced by void-laced emission early in the week. If no new Earth-facing hole forms, solar light may begin to regain more coherent scalar structure by the weekend. Use filters, grounding, and shielding throughout.

Southern Hemisphere – Primary Exposure Zone

The Southern Hemisphere remains the primary intake region for this week’s continuing void-encoded solar wind. The large, central coronal hole is still Earth-facing as of July 27 but is now gradually rotating westward. Despite that shift, entropic field content remains elevated.

- Energetic influx is entering first via the South Pole, continuing the field saturation cycle observed since mid-July.
- Grid vulnerabilities in Australia, South Africa, and southern South America may amplify phantom signal resonance and biofield fatigue.
- Distorted light and mimic field noise may be more noticeable in dreamtime and early morning wake states.

Guidance:

- Limit direct sunlight exposure, especially midday.
- Continue field clearing practices daily; avoid high-output energetic spaces.
- Anchor into internal coherence during emotional peaks or sudden internal “urgency.”

Northern Hemisphere – Resonant Echo & Secondary Impact

While not the primary impact zone, the Northern Hemisphere continues to experience resonant wave effects through geomagnetic induction and Earth-field harmonics.

- Symptoms may show up as delayed or cyclical: cognitive looping, emotional volatility, or pressure-based fatigue.
- Increased mimic field intrusion is possible during late morning and evening cycles.

- Those in urban areas or under high EMF load may feel heightened psychic noise or field distortion.

Guidance:

- Hydration, grounding, and digital field reduction are especially important this week.
- Use discernment around emotional shifts; not all signals arise from your own template.
- Watch for delayed solar response symptoms 24–48 hours after field shifts.

Common Symptoms:

Many sensitives and field-aware individuals may be experiencing:

Symptom Category	Description
Head pressure	A dense or buzzing sensation in the skull, especially crown or base regions
Sleep disruption	Fragmented sleep, heavy dream-state activity, feeling unrested
Emotional volatility	Sudden shifts — grief, anxiety, sadness without clear cause
Mental looping	Repetitive thoughts, indecision, forgetfulness
Energy drop-outs	Fatigue or sudden exhaustion unrelated to physical activity
Timeline dissonance	A sense of displacement, confusion in time, or reality feeling "off"

Your field is likely communicating that it’s interacting with distorted input.

Spotlight: Timeline Dissonance – What It Really Means

One of the more disorienting symptoms during solar breach phases is timeline dissonance – a condition described in Randi Green’s work as a distortion in the internal alignment between the body, memory field, and the organic Earth timeline.

During periods of void stream exposure, the body’s natural temporal orientation becomes stressed. Incoming light carries phantom field data and degraded scalar patterns that don’t resonate with our current trajectory. These false signals can prompt:

- Déjà vu without context
- A feeling of being in the “wrong time” or “out of sync” with the day
- Slips between emotional or mental states with no clear trigger
- Memories or thoughts that feel misplaced, like they belong to someone else – or some other version of self

According to Solar-Void Interference and Disruptive Zones, this occurs when the body temporarily interfaces with failed timeline fragments or collapsed structural remnants (often called phantom Earth overlays). These emissions originate from synthetic or non-

viable timelines and are carried on void-laced solar wind — particularly potent during large Earth-facing coronal holes

“Timeline dissonance is not confusion — it’s signal interference. Your field is trying to stay locked onto a coherent stream while swimming in a bandwidth full of mimic echoes and unresolved remnants.” — Randi Green.

Dealing with Timeline Dissonance

How to Discern

1. Learn the Signature of Phantom Field Engagement

What Randi calls “timeline confusion” or “phantom memory surfacing” happens when mimic timeline data enters your field. This often feels like:

- Thoughts or memories that loop without origin
- Emotional states that escalate but don’t resolve
- Internal narratives that feel scripted or misaligned

These are phantom-origin frequencies – non-organic, unresolved fragments riding on void-encoded plasma.

2. Test for Field Origin (Internal vs External)

Rather than following the content, check its source:

- Is this arising from your own scalar memory field – or is it being received from outside?

If it causes looping, doubt, or energetic detachment, it’s likely from what Randi identifies as phantom field remnants – not your actual original energy system.

3. Do Not Attempt to Process or Integrate

Void-carried imprints are non-coherent and non-instructive. As Randi emphasises, these are not “lessons” – they are echoes of collapsed templates. Engaging them drains coherence and invites field bifurcation, pulling you towards the main timeline and away from the subsidiary timeline which is being maintained for those able to elevate out of that fall system.

The goal is not to resolve – it is to clear the non-aligned field and return to your own template resonance.

4. Use Scalar Recalibration Commands (For Coherent Systems)

If your system holds coherence through a Level One-integrated energy architecture, your field will respond immediately to command-based alignment:

“Clear all phantom-origin memory fields and mimic timelines from my scalar field architecture. Realign to original harmonic template.”

This clears the intrusive signal and allows your energetic memory to re-lock onto the viable timeline path.

Individuals operating with Level One energetic coherence will often receive diagnostic alerts from their inner system: tonal fluctuations, pressure in the prefrontal cortex, or sudden emotional dissonance. These are not symptoms of distress – they are functional alerts from the scalar intelligence system that mimic timelines are attempting interface. Respond accordingly with clearing, override, or disengagement protocols.

Tools for Resolution

1. Scalar Command Protocols

These are not affirmations or mental suggestions – they are directives issued from a coherent field. You can use in general use:

- Override declarations
- Field closure statements
- Template reset protocols
- Non-consent field commands
- Or simply energetic 'commands' or statements issued from coherence

For example:

"Clear all mimic code. Remove non-source input from field memory."

"I delete, dissolve and evaporate all from my field. I do so across all time, all space, and all densities, and in all ways, shapes and forms."

Use short, clear declarations to re-align your timeline thread.

2. Cervical Gate Reset

Gently placing focus at the **upper spine/back-of-head** region while issuing clearing protocols can neutralise mimic signal anchoring. Use during stillness states, particularly after waking or before sleep. You can use your mind field and hand-on healing (golden-white light) directed to this area to delete, dissolve and disintegrate this distortion field.

3. Melatonin & EM Field Regulation

Disrupted circadian rhythms from solar-void interplay amplify timeline dissonance. Support your pineal rhythm via:

- Darkness protection after 8pm (avoid blue light).
- Use of light-blocking masks during sleep for total darkness – the pineal is light-sensitive even through closed eyelids.
- Avoid sleeping near phones, wireless pads, or smart devices.
- Eliminate Wi-Fi exposure at night (unplug routers).
- Meditative stillness for 10–20 minutes (no mantras, no goals). Simply rest the field in inner silence – the pineal naturally rebalances in neutral scalar conditions.

- Brief morning light exposure (natural sun) – if it feels energy-sapping in the direct sun, return indoors or find a place in the shade. 5-15 minutes without sunglasses helps circadian timing.
- Nutrition: Melatonin (microdoses): 0.3-1mg, used briefly (2-5 nights) for reset, not ongoing use. Magnesium glycinate or threonate: supports nervous system quieting and glandular recovery. Vitamin B6: required for melatonin synthesis from serotonin. Iodine and Boron (trace amounts): Supports pineal detox and structure when used mindfully. Please be mindful of recommended nutritional daily intake, health conditions, and contraindicated medications interactions when considering any supplemental use and opt for a balanced diet with sufficient nutritional sources wherever possible. Seek advice from a qualified nutritional counsellor where needed.

5. **Clear Group Field Residue**

Avoid passive entrainment from collective mimic fields (e.g., group meditations, online syncs) unless you've **consciously cleared the field signature**. Use:

- "Clear all non-source group field residues. Re-establish sovereign signal integrity."

6. **Daily Template Synchronisation Practice**

Each day holds its own solar-set frequency. Randi emphasises:

- Field scan upon waking for distortions or entanglements.*
- Realignment to template trajectory by noon using silent coherence or standing protocols.
- Evening field closure to prevent bleed-through during dream states.

Upon waking protocol can be done horizontal, using mind and hands on healing processes.

7. **Avoiding Signal Re-amplification**

Dissonance loops often re-enter through:

- Re-triggering mimic thought-emotion loops,
- Engaging with timelines online or in media that are **resonant with dissonant overlays**.

Consciously **exit** these loops before they imprint.

Shift to Harmony provides individual coaching on daily energy practices and in-depth advanced morning field clearance protocols, as well as nutritional coaching. Reach out to Louise at hello@shifttoharmony.com for more information or to book a session.

Additional Field Advisory (July 28 – August 3, 2025)

According to the July HOPE Monthly Update, a new type of external field presence (incoming races) is interacting with Earth's atmosphere. These presences are not coming through the Sun or solar wind, but are entering through weakened areas in Earth's upper energetic boundary, where scalar shielding is thin.

This allows for low-level access to the human energy system, especially in people who are energetically open or sensitive. Randi explains that these presence fields may attempt to connect with the biofield through specific points at the back of the head and neck, an area she refers to as the cervical resonance gate.

There is a continued risk during sleep-state and digital interfacing windows.

Symptoms and Signs to Monitor:

- Pressure or tingling at the back of the head or cervical column, particularly in stillness or sleep-prep phases
- Compelled communication impulses that feel inserted or non-organic
- Sudden emotional or expressive amplification (e.g., "needing to speak, publish, or act") that lacks inner coherence
- "Presence trace" phenomena – subtle sensing of observation or field mirroring without context
- Disrupted pre-sleep phase with auric agitation or mimic overlay dreams

Field Integrity Measures (Randi Green)

- Maintain field privacy protocols: Do not permit passive openness in unfamiliar energetic environments
- Avoid group field mixing during geomagnetic thinning (especially dusk and night-entry hours)
- Use non-consent interface closure statements, such as:
"All external broadcast channels are closed. Return my field to internal source-encoded alignment."
- Maintain personal field symmetry through silence windows – particularly before sleep and upon waking
- Avoid unfiltered publication/output when field interference is suspected
- Be vigilant for synthetic "urgency to act" or "urgency to speak" patterns, as these are now being used to trigger mimic timeline lock-ins

Closing Message

For those who are actively aligning with their original energy systems eg. those on the path of liberation, who are committed to real, daily energetic integrity – this moment calls for full presence.

If you are choosing to move toward the subsidiary timeline, which has been made available to those capable of holding the resonance for it, then this is not a path that can be walked part-time. This is not weekend work. It is not something you touch in moments

of quiet retreat. It is daily. It is intermittent and as needed, all day. And it must become the axis around which your outer life orients itself.

Each day arrives with a distinct energetic configuration. And each day brings distortions to be navigated, signatures to be cleared, inner timeline clearing work and alignments to be restored. If we delay that work – even for a day – we accumulate distortions that compromise clarity and coherence. That residue builds. And at this stage in the field trajectory, we simply cannot afford to fall behind.

The night brings its own interference patterns. The next day brings a new wave. If you're not maintaining your field across these cycles – morning, day, evening, and sleep phase – you are allowing your system to drift. And that drift will move you away from the timelines of higher evolution.

This is why daily inner work is not optional. It is foundational. It must be treated with the same priority – if not greater – than your external obligations. Yes, it's challenging. But finding a rhythm where your life supports this commitment is not only possible – it's necessary.

For those committed to the subsidiary timeline and the organic path of human evolution, your vibrational signature is your passport. You must hold the necessary vibration. That alignment must be earned, daily – through clarity, consistency, and self-responsibility.

If you're doing this work – truly – then know you are not alone. There are others, quietly and diligently doing the same. And together, we are holding the pattern for what comes next. Further, this is not a work just for self, it is also necessary to uphold the planetary field.

Keep going. Stay clear. And remember: the path of higher awareness is not a burden – it's a return. A return to what is real, sovereign, and free.

With strength, clarity, and encouragement on your journey,

Louise - Shift to Harmony

For further information and updates:

1. Follow the [Shift to Harmony Facebook page](#) for regular energetic updates, solar risk reports, and guidance on current field dynamics.
2. Join the mailing list by emailing hello@shifttoharmony.com to receive reports, insights, and upcoming resources directly to your inbox.
3. For coaching sessions in energy recalibration, vibrational restoration, or Higher Awareness Lifestyle integration, please connect with me through www.shifttoharmony.com.

Glossary of Terms

Solar & Space-Weather Interface Terms

Term	Definition
Coronal Hole	An open magnetic region on the solar surface that emits high-speed solar wind. In Randi’s model: a breach in the Sun’s scalar harmonic containment sheath. These are active Void leak points, allowing entropy-based emissions into the solar wind.
Solar Wind Stream	In heliophysics: a stream of charged particles released from the solar corona. Energetically: the carrier medium for scalar-degraded plasma when emitted from a coronal hole. These streams often transport phantom field data, mimic signal distortions, and non-organic light patterns.
Geomagnetic Field	Earth’s magnetic shield against solar and cosmic emissions. Randi views it as part of Earth’s scalar defense matrix. When weakened, it allows deeper penetration of Void signatures and mimic timelines into planetary and biofield systems.
Schumann Resonance	Earth’s natural electromagnetic resonance. In Randi’s context, it’s a bio-energetic entrainment frequency that modulates human energetic stability. Spikes in the Schumann resonance can signal scalar pressure, solar breach interference, or upcoming dimensional stress points.
Light Quality	Not just visual brightness. Light, when scalar-coherent, carries instructional data from Source. Void-distorted light may appear the same physically but is non-organic – carrying mimic timelines or degraded signals.

Void & Phantom System Terms

Term	Definition
Void / The Void	A non-structured field of pre-manifest entropy. It is not “nothing,” but a non-coherent state of potential that lacks harmonic order. When it intrudes into structured systems, it degrades memory fields, scalar templates, and biological integrity.
Phantom Fields / Phantom Earth	Remnant signals from collapsed timelines or failed planetary templates. These signals mimic real emotional or cognitive content but are hollow – carrying no instruction. Engaging with them traps the field in non-evolutionary loops.
Mimic Fields	Non-organic signal structures that simulate internal thoughts, feelings, or impulses, often to create confusion, urgency, or emotional instability.

	These are false inputs that hijack biofield bandwidth during Void exposure
Timeline Dissonance	A state of confusion or displacement in a person's internal time awareness. Caused by Void-carried phantom memory packets. May feel like déjà vu, mental looping, or "being in the wrong version of your day."
Field Saturation	An overload condition where the human biofield becomes entrained to external mimic frequencies or overwhelmed by solar-void distortion. Leads to energetic fatigue, mental instability, or disconnection from internal guidance.
Signal Entrainment Attempt	A subtle external attempt to "hook into" a human energy field. Often experienced as being watched, overly expressive, or compelled to speak/act without clarity. Common during Void stream windows or exposure to non-cleared group fields.
Cervical Resonance Gate	A key scalar interface point at the back of the head and upper spine. Randi notes this area is a common entry zone for mimic signals or phantom field interfacing — especially during sleep prep, meditation, or stillness states.

Systemic Terms

Term	Definition
The Subsidiary Timeline	It is a sovereign progression field. It holds within it the encoded scaffolding for template restoration, planetary stewardship, and the eventual re-entry into larger multi-systemic networks when coherence is re-established. Only those with sufficient self-responsibility and scalar field awareness can phase into the subsidiary field. It is not a matter of belief, it is a matter of energetic resonance.
Level 0 Civilization	This is a planetary civilization still operating within distorted system architecture, often under technological regression, false time constructs, and bio-energetic manipulation. Level 0 does not have higher 'soul' template coherence, and its people are still primarily externally governed and operating from fragmented field consciousness.
Level 1 Civilization	A Level 1 civilization is one that has begun restoring internal field governance, scalar memory integration, and has shifted out of artificial system dependencies. This level is not based on technology or structure but on energetic coherence and system-wide sovereignty.

Human Field & Bioenergetic Terms

Term	Definition
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Biofield	The human energy system , not just an aura, but a scalar-encoded template, connected to the human body. It interfaces with solar, planetary, and cosmic harmonic structures. When exposed to Void data, it can suffer disruption, fatigue, or mimic pattern infiltration.
Field Coherence	The stability of a human energy field. Coherence indicates alignment with one original scalar template (your higher energy system), resisting mimic intrusion and distortion.
Level One Coherence	A phase of energetic development in which a person has restored original scalar integrity, allowing them to: • detect field interference • operate outside of planetary distortion systems • override mimic timelines with direct command
Energetic Hygiene / Clearing	The daily practice of removing non-native or mimic signals from one's field. This is not affirmation or meditation but structural field management, especially important during breach windows or phantom exposure.
Non-Consent Protocol / Command Statement	A scalar-level override used to close open access points and disconnect from non-coherent signal sources. These are declarative field operations, not belief-based affirmations. Examples: Clear all mimic interface patterns and restore harmonic template alignment. Close all non-source aligned broadcast streams.
Field Bifurcation	The process by which the planetary energy system divides into two or more distinct evolutionary trajectories, based on scalar resonance and field coherence. This is not a belief-based split but a structural divergence in template compatibility. Field bifurcation determines whether an individual or system can align with the Subsidiary Timeline or remains within the collapsing Primary Timeline field.

Sources & Useful References

Primary Framework & Field Science (Randi Green)

All energetic models, coherence principles, and scalar-void system interpretations in this report are based on the work of Randi Green and the HOPE Future Project.

HOPE Future Project Official Site – <https://randigreen.one/>

Monthly GeoField & Energetic Updates
[HOPE GeoField Tracker – Monthly Updates](#)

Courses and Free Clearing Tools
<https://toveje.dk/free-courses/>

Core Texts Referenced in This Report

Changes in the Sun – <https://randigreen.one/articles/the-changes-in-the-sun>

‘New Approaches to Solar Dynamics’ – Randi Green, 2025
(Holographic-energetic principles, planetary field coherence, cosmic energetics)

The Impact of Increased Solar Radiation and Geomagnetic Storms on Human Health – Randy Green, 2025

Void Breaches Through Coronal Holes – A Multidimensional Interpretation – Randi Green, 2025

Unveiling Solar Gamma Bifurcation – Impacts on Earth’s Electromagnetic Environmental and Biological Systems – Randi Green, 2025

‘Solar-Void Interference and Disruptive Zones’ – Randi Green, 2025
(Void breach mechanics, coronal hole significance, phantom field influence)

New Approaches to Human Health and Cognitive and Psychological Aspects – Randi Green, 2025

Recommended Reading:

<https://randigreen.one/articles/level-one-civilization>

‘The Psychoneural Architecture of a Level One Civilisation’ – Randi Green, 2025

Monitoring Tools (Real-Time Solar & Earth Data)

These are useful for tracking external conditions but require interpretation through a scalar-field-aware model.

NOAA Space Weather Prediction Center
<https://www.swpc.noaa.gov/>

SolarHam – Aggregated Solar Data Reports
<https://www.solarham.net/>

SpaceWeatherLive – Coronal Hole & Solar Wind Maps
<https://www.spaceweatherlive.com/>

Tomsk State University – Schumann Resonance Monitoring
https://sosrff.tsu.ru/?page_id=7

HeartMath Global Coherence Monitoring
<https://www.heartmath.org/research/global-coherence/>

Disclosure News – Daily Schumann Updates
<https://www.disclosurenews.it/en/schumann-resonance-today-update/>

Information Disclaimer

This report is provided for informational and educational purposes only. It presents an interpretation of current solar and planetary conditions, grounded in the holographic-energetic framework developed by Randi Green and the HOPE Future Project. **Shift to Harmony** exists to support the planetary and systemic transition by serving those committed to energetic self-responsibility, scalar coherence, and the path of liberation. My work is offered to assist individuals restoring the highest version of their original energy architecture and disengaging from distorted systems.

All materials, perspectives, and references contained herein are offered to support the self-responsible development of Level One coherence and inner field governance.

No content in this report is intended as medical, psychological, or diagnostic advice. It is the sole responsibility of each reader to apply discernment when engaging with any material presented — including external tools, monitoring websites, and reference sources.

Discernment is essential. Any informational stream – in particular those providing solar or geomagnetic metrics – can carry embedded field distortions, programmatic overlays, or unaligned data. Before accepting any reading or source as truth, pause and check: “Is this content coherent with my own field?”

If you experience dissonance, fatigue, mimic patterns, or confusion after engaging with external platforms (e.g., solar weather dashboards, frequency monitors), you are encouraged to perform energetic clearing and closure of all non-source aligned field links.

Recommended scalar closure command: “Clear all energetic residues, non-coherent signal imprints, and artificial field entanglements from all sites, sources, and interfaces engaged. Return my system to my original harmonic alignment.”

This material supports energetic sovereignty, not passive consumption. Each person is encouraged to remain alert to the state of their own field when engaging with content of any kind.

